

# **Dress Code for all level & styles**

A dress code ensures that a teacher will be able to see a dancer's alignment and positioning. The teacher needs to be able to see a dancer's mistakes. Baggy clothing can mask bad habits, making corrections impossible. Dress code will also teach students discipline, helping with overall focus and energy. By "dressing the part," dancers feel like dancers. Dress codes can also create unity among the dancers instead of causing a few dancers to stand out, much like a school uniform policy. Dress codes go a long way in minimizing distractions, and help give classes a unified look.

All of our classes at WGDC require students to adhere to a dress code. Hair should always be pulled up and secured off the neck – (for shorter hair – clips and barrettes should be used to keep the hair out of the eyes). Bun is the required hairstyle for most classes. Ponytails and braids are acceptable for others. See full dress code listing on our website.

The proper shoes are important because they are designed to support the technique and style of each specific type of dance. Street shoes are bad for dance floors – leaving scuffs and dirt. Street shoes and socks also contribute to breaking down the non-slip surface of the specialized rubber floors called Marley. Street shoes are ONLY appropriate for hip hop classes.

Non-dance attire like shorts and sweats, baggy coverups, and other layers like tank-tops and t-shirts are counterproductive to a student's training. Ill-fitting clothes may restrict movement or become a distraction if a student is constantly having to readjust pieces of clothing. When layers disguise the lines of the body a teacher cannot see if the student is executing the movement correctly and cannot help them adjust to improve their technique and prevent injury. Students should dress appropriately for the weather and consider purchasing a dance sweater if they get cold in the dance studio – students will not be allowed to wear hoodies, sweaters, etc.

Thank you for helping us provide the best atmosphere and learning environment possible for your children.

# Where to Shop our Dress Code?

WGDC has partnered with Grit & Grace for all of your dancewear needs. They have our dress code on file and are more than happy to help you get fitted with the proper dress code for each of your classes.

#### Grit & Grace Dancewear

7 Greenville Street South Newnan, GA 30263 - (678) 552-9798 https://www.gritandgracedancewear.com/

# **West Ga Dance Center Dress Code Requirements**

# 4 & Under Classes

#### **Twinkle Toes**

Solid Light Pink Leotard (can have tutu attached/separate) Capezio Ballet Pink Tights (1916) no rips or tears SoDanca Pink Full-Sole Ballet Shoes (SD69S) Dance bag to keep shoes in Hair pulled back out of face in high ponytail or bun No Jewelry

#### **Tiny Tot Ballet**

Solid Light Pink Leotard (can have tutu attached/separate)
Capezio Ballet Pink Tights (1916) no rips or tears
SoDanca Pink Full-Sole Ballet Shoes (SD69S)
Dance bag to keep shoes in
Hair pulled back out of face in high ponytail or bun
No Jewelry

#### Tiny Tot Jazz & Hip Hop Combo

Solid Light Pink Leotard (can have tutu attached/separate) Capezio Ballet Pink Tights (1916) no rips or tears
Tan Bloch Neo- flex Slip On Jazz Shoe- toddler size: So401
If you are a size 10 or above: So495 (dancers will not change into other styles of shoes for this class)
Dance bag to keep shoes in
Hair pulled back out of face in high ponytail or bun
No Jewelry

## Pre Dance Ballet & Tap Combo

Solid Light Pink Leotard (can have tutu attached/separate)
Capezio Ballet Pink Tights (1916) no rips or tears
SoDanca Pink Full-Sole Ballet Shoes (SD69S)
Capezio Jr Tyette Shuffle Tap Shoe in Caramel
Dance bag to keep shoes in
Hair pulled back out of face in high ponytail or bun
No Jewelry

## Pre Dance Jazz & Hip Hop Combo

Solid Light Pink Leotard (can have tutu attached/separate) Capezio Ballet Pink Tights (1916) no rips or tears
Tan Bloch Neo- flex Slip On Jazz Shoe- toddler size: So401
If you are a size 10 or above: So495 (dancers will not change into other styles of shoes for this class)
Dance bag to keep shoes in
Hair pulled back out of face in high ponytail or bun
No Jewelry

# Boys (all 4 & under classes)

Plain black basketball shorts

White fitted t-shirt **Ballet:** Canvas black Cobra Ballet Shoe (2030) **Jazz:** Black Bloch Neo- flex Slip On Jazz Shoe- toddler (S0401) *If you are a size 10 or above: S0495* **Tap:** Black Capezio Child Jr Tyette (44C3)

Dance bag to keep shoes in

Hair pulled back out of face if longer

No Jewelry

# **Kinder Level Classes**

#### **Kinder Ballet**

Hot Pink Leotard (no tutu or skirts) Long Sleeve Black Ballet Wrap *(in cold months but must remove at teachers request)* Capezio Ballet Pink Tights (1916) no rips or tears

SoDanca Pink Full-Sole Ballet Shoes (SD69S)

# Kinder Hip Hop

Jazz shorts or leggings and a tight-fitted top, cami, leotard, or tank.

If other styles are taken on same day just stay in leotard and tights

Tennis shoes or combat boots (if participating in recital

Dance bag to keep shoes in Hair pulled back out of face in a proper ballet bun, no flyaways No Jewelry	you will be responsible for purchasing specific shoe of our choosing) Hair pulled back out of face with no flyaways No Jewelry	
Kinder Jazz Hot Pink Leotard (no tutu or skirts) Tan Bloch Neo- flex Slip On Jazz Shoe- toddler size: So401 If you are a size 10 or above: So495 Capezio Ballet Pink Tights (1916) no rips or tears Dance bag to keep shoes in	Kinder Tap  Hot Pink Leotard (no tutu or skirts)  Capezio Jr Tyette Shuffle Tap Shoe in Caramel  Capezio Ballet Pink Tights (1916) no rips or tears  Hair pulled back out of face with no flyaways  No Jewelry	
Hair pulled back out of face with no flyaways No Jewelry		

# Mini Level Classes

Mini Ballet	Mini Hip Hop
Red Leotard (no tutu or skirts)	Jazz shorts or leggings and a tight-fitted top, cami,
No sports bra under leos, must be dance bra	leotard, or tank.
Long Sleeve Black Ballet Wrap (in cold months but must	If other styles are taken on same day just stay in leotard
remove at teachers request)	and tights
Capezio Ballet Pink Tights (1916) no rips or tears	Tennis shoes or combat boots (if participating in recital
Capezio Hanami Canvas Split Sole Ballet Slipper (2037C or	you will be responsible for purchasing specific shoe of our
2037W)	choosing)
Dance bag to keep shoes in	Hair pulled back out of face with no flyaways
Hair pulled back out of face in a proper ballet bun, no	No Jewelry
flyaways	
No Jewelry	
Mini Jazz	Mini Lyrical/Contemporary

No Jeweny	
Mini Jazz	Mini Lyrical/Contemporary
Red Leotard (no tutu or skirts)	Red Leotard (no tutu or skirts)
Black dance shorts over leotard, if desired	Capezio Hanami canvas pirouette (to match skin tone)
Tan Bloch Neo- flex Slip On Jazz Shoe-So495	Capezio Ballet Pink Tights (1916) no rips or tears
Capezio Ballet Pink Tights (1916) no rips or tears	Dance bag to keep shoes in
Dance bag to keep shoes in	Hair pulled back out of face with no flyaways
Hair pulled back out of face with no flyaways	No Jewelry
No Jewelry	

# Mini Tap Red Leotard (no tutu or skirts) Black dance shorts over leotard, if desired Co Dancer: Black Capezio Flex Master Tap Shoe (CG16) Rec Dancer: Black Capezio Child Jr Tyette (44C3) Capezio Ballet Pink Tights (1916) no rips or tears Hair pulled back out of face with no flyaways Boys (Kinder & Mini Levels) Plain black athletic bottoms or ballet tight White fitted t-shirt Ballet: Canvas black Cobra Ballet Shoe (2030) Jazz: Black Bloch Neo- flex Slip On Jazz Shoe- toddler (S0401) If you are a size 10 or above: S0495 Tap: Kinder Level, Black Capezio Child Jr Tyette (44C3)

No Jewelry	Mini Level, Co Dancer: Black Capezio Flex Master Tap	
	Shoe (CG16)	
	Rec Dancer: Black Black Capezio Child Jr Tyette (44C3)	
	Dance bag to keep shoes in	
	Hair pulled back out of face if longer	
	No Jewelry	

# **Junior Level Classes**

#### **Iunior Ballet**

Red Leotard (no tutu or skirts)

No sports bra under leos, must be dance bra

Long Sleeve Black Ballet Wrap (in cold months but must remove at teachers request)

Capezio Ballet Pink Tights (1916) no rips or tears

Capezio Hanami Canvas Split Sole Ballet Slipper (2037C or 2037W)

Dance bag to keep shoes in

Hair pulled back out of face in a proper ballet bun, no

flyaways

No Jewelry

# **Junior Hip Hop**

Jazz shorts or leggings and a tight-fitted top, cami,

leotard, or tank.

If other styles are taken on same day just stay in leotard and tights

Tennis shoes or combat boots (if participating in recital you will be responsible for purchasing specific shoe of our choosing)

Hair pulled back out of face with no flyaways No Jewelry

#### **Junior Jazz**

Red Leotard (no tutu or skirts)

Black dance shorts over leotard, if desired

Tan Bloch Neo- flex Slip On Jazz Shoe-So495

Capezio Ballet Pink Tights (1916) no rips or tears

Dance bag to keep shoes in

Hair pulled back out of face with no flyaways

No Jewelry

# **Junior Lyrical/Contemporary**

Red Leotard (no tutu or skirts)

Capezio Hanami canvas pirouette (to match skin tone)

Capezio Ballet Pink Tights (1916) no rips or tears

Dance bag to keep shoes in

Hair pulled back out of face with no flyaways

No Jewelry

#### **Junior Tap**

Red Leotard (no tutu or skirts)

Black dance shorts over leotard, if desired

Co Dancer: Black Capezio Flex Master Tap Shoe (CG16)

Rec Dancer: Black Capezio Child Jr Tyette (44C3) Capezio Ballet Pink Tights (1916) no rips or tears

Hair pulled back out of face with no flyaways

No Jewelry

#### **Boys**

Plain black athletic bottoms or ballet tight

White fitted t-shirt

**Ballet:** Canvas black Cobra Ballet Shoe (2030)

Jazz: Black Bloch Neo- flex Slip On Jazz Shoe- toddler

(So401) If you are a size 10 or above: So495

Tap:

Co Dancer: Black Capezio Flex Master Tap Shoe (CG16)

Rec Dancer: Black Capezio Child Jr Tyette (44C3)

Dance bag to keep shoes in

Hair pulled back out of face if longer

No Jewelry

# **Teen Level Classes**

#### **Teen Ballet**

Grey Leotard (no tutu or skirts)

No sports bra under leos, must be dance bra

Long Sleeve Black Ballet Wrap (in cold months but must remove at teachers request)

Capezio Ballet Pink Tights (1916) no rips or tears

Capezio Hanami Canvas Split Sole Ballet Slipper (2037C or 2037W)

\*if en pointe shoes need to be fitted properly

Dance bag to keep shoes in

Hair pulled back out of face in a proper ballet bun, no

flyaways

No Jewelry

## **Teen Hip Hop**

Jazz shorts or leggings and a tight-fitted top, cami, leotard, or tank.

If other styles are taken on same day just stay in leotard and tights

Tennis shoes or combat boots (if participating in recital you will be responsible for purchasing specific shoe of our choosing)

Hair pulled back out of face with no flyaways No Jewelry

# **Teen Jazz**

Grey Leotard (no tutu or skirts)

Black dance shorts over leotard, if desired

Tan Bloch Neo- flex Slip On Jazz Shoe-So495

Capezio Ballet Pink Tights (1916) no rips or tears

Dance bag to keep shoes in

Hair pulled back out of face with no flyaways

No Jewelry

# **Teen Lyrical/Contemporary**

Grey Leotard (no tutu or skirts)

Capezio Hanami canvas pirouette (to match skin tone)

Capezio Ballet Pink Tights (1916) no rips or tears

Dance bag to keep shoes in

Hair pulled back out of face with no flyaways

No Jewelry

# Teen Tap

Grey Leotard (no tutu or skirts)

Black dance shorts over leotard, if desired

Black Capezio Flex Master Tap Shoe (CG16)

Capezio Ballet Pink Tights (1916) no rips or tears

Hair pulled back out of face with no flyaways

No Jewelry

#### Boys

Plain black athletic bottoms or ballet tight

White fitted t-shirt

**Ballet:** Canvas black Cobra Ballet Shoe (2030)

Jazz: Black Bloch Neo- flex Slip On Jazz Shoe- toddler

(S0401) If you are a size 10 or above: S0495

**Tap:** Black Capezio Flex Master Tap Shoe (CG16)

Dance bag to keep shoes in

Hair pulled back out of face if longer

No Jewelry

# Senior Level Classes

#### **Senior Ballet**

Black Leotard (no tutu or skirts)

No sports bra under leos, must be dance bra

Long Sleeve Black Ballet Wrap (in cold months but must remove at teachers request)

Capezio Ballet Pink Tights (1916) no rips or tears

Capezio Hanami Canvas Split Sole Ballet Slipper (2037C or 2037W)

#### **Senior Hip Hop**

Jazz shorts or leggings and a tight-fitted top, cami, leotard, or tank.

If other styles are taken on same day just stay in leotard and tights

Tennis shoes or combat boots (if participating in recital you will be responsible for purchasing specific shoe of our choosing)

Hair pulled back out of face

*if en pointe shoes need to be fitted properly Dance bag to keep shoes in Hair pulled back out of face in a proper ballet bun, no flyaways No Jewelry	No Jewelry
Senior Jazz Black Leotard (no tutu or skirts) Black dance shorts over leotard, if desired Tan Bloch Neo- flex Slip On Jazz Shoe-So495 Capezio Ballet Pink Tights (1916) no rips or tears Dance bag to keep shoes in Hair pulled back out of face with no flyaways No Jewelry	Senior Lyrical/Contemporary Black Leotard (no tutu or skirts) Capezio Hanami canvas pirouette (to match skin tone) Capezio Ballet Pink Tights (1916) no rips or tears Dance bag to keep shoes in Hair pulled back out of face with no flyaways No Jewelry
Senior Tap  Black Leotard (no tutu or skirts)  Black dance shorts over leotard, if desired  Black Capezio Flex Master Tap Shoe (CG16)  Capezio Ballet Pink Tights (1916) no rips or tears  Hair pulled back out of face with no flyaways  No Jewelry	Boys Plain black athletic bottoms or ballet tight White fitted t-shirt Ballet: Canvas black Cobra Ballet Shoe (2030) Jazz: Black Bloch Neo- flex Slip On Jazz Shoe- toddler (S0401) If you are a size 10 or above: S0495 Tap: Black Capezio Flex Master Tap Shoe (CG16) Dance bag to keep shoes in Hair pulled back out of face if longer No Jewelry

# **Additional Styles**

Acro/Tumble (all levels) Gymnastic leotard, dance shorts, tight fitted tank or tee, sports bra (layered underneath), dance leggings are all permitted for this class No shoes,bare feet only Hair pulled back out of face	Turns & Technique (all levels)  Color Leotard specific to your level Capezio Ballet Pink Tights (1916) no rips or tears Can layer black dance shorts over if needed Jazz shoes specific to your jazz class/level above Hair pulled back out of face with no flyaways No Jewelry
Flexibility & Core Strengthening Color Leotard specific to your level Capezio Ballet Pink Tights (1916) no rips or tears Can layer black dance shorts over if needed No shoes, bare feet only Hair pulled back out of face with no flyaways	Company Technique  Any style of dancewear (must be actual dancewear)  Jazz shoes specific to your jazz class/level above  Hair pulled back out of face in a clean, no fly aways pony, braids, or bun  No Jewelry

No Jewelry
This class requires the following equipment: Yoga Blocks & mat Therabands (all strength levels) Ankle Weights Foot Stretcher Disc Turning Board
Company Cleaning Sessions  Any style of dancewear (must be actual dancewear)  Hair pulled back out of face in a clean, no fly aways pony, braids, or bun  No Jewelry  Bring all shoes specific for that Company Dance